

RENAISSANCE GARDENS



Our Philosophy

“Live and Grow”

Canalta has been a forerunner in the hospitality and food industry and has now taken that success to new and exciting heights, supportive living. Focusing on a holistic approach to health care; emphasizing social, physical, cognitive and spiritual domains with emphasis on independence, and allowing the aging process to be a positive endeavour. Realizing that each person is their own individual, being stimulated each day to reach their maximum potential is not a strain, but an everyday walk of life.

Mission Statement

Our mission is to promote the health and well being of residents through an array of social, nutritional, cognitive and spiritual programs. Promoting a cooperative spirit of partnership in an environment of dignity, self worth, security, comfort and kindness; a place where you can open your hands and follow your heart.

Vision Statement

Our team of professionals has researched the dream extensively to provide the most modern approach to seniors living. Taking into consideration the aging process and therapeutic benefit of numerous in house programs, we are very confident that you will not call this a place to stay, but your home.

Realizing that supportive living for seniors is the wave of the future, we will provide a facility which is superior in design, premier in support and holistic in health. Waking up in the confines of your new home will be emotionally and physically uplifting realizing that an array of social, physical and emotional programs await you

FREQUENTLY ASKED QUESTIONS

So what would a typical day be like in Canalta's supportive living facilities? ***“What am I going to do with all my time?”*** With resident choice our primary focus, you'll have many options to stimulate you throughout the day. You can start off with a cup of coffee in the dining room and a scrumptious breakfast served by our dietary staff. You may want to relax with a coffee and a paper in the bistro area. Make your way to your recreation room, conveniently located close to the dining room, to enjoy one of the numerous programs your activity director has on schedule. If this doesn't satisfy your needs, a nice stroll through the indoor atrium may be on tap. Realizing you need some personal items downtown, sign up for the shopping trip in the afternoon or the country tour later that week. Wanting to wear off those extra calories that arrived at breakfast time, your fitness studio welcomes you. Following an invigorating ride on the exercise bike, you may want to relax in the atmosphere of the library or catch up on the news at one of your television areas. Haven't kept in touch with those loved ones, with the assistance of our volunteers and the activity director, you'll be able to send and receive emails without any hassle while on one of your many computers located in the common areas. Getting that Christmas baking completed will be much easier in our kitchen in the multipurpose room.

Still not convinced? How about a woodworking or craft session to stress the creative side. Maybe the competitive nature will get the best of you during a game of pool or shuffleboard in your games room. We do realize that there must be some chores throughout the day, and our centrally located laundry rooms await you. Our luxurious hair salon awaits your appointment followed by a relaxing novel in the library. When the weather is mild enjoy a stroll on one of your many paved trails that surround the facility or cast out the line in the fishing hole conveniently located within walking distance of your new home. Watching over the West Stettler Lake area is made possible when relaxing on the terrace located off of the games room. Need some veggies to go along with that fish fry, dig up some fresh potatoes in your garden which is located in the courtyard area. The family will love the suggestion of a picnic in the courtyard or singing their favorite song during your campfire located in your backyard. At the end of the day you'll be asking yourself, “Where did the time go?”

“So just to recap, what’s included in my monthly rental agreement?” Here is a list of everyday amenities/services for your comfort and convenience that you’ll enjoy at no extra cost:

Amenities and Services

- ✚ Gracious dining room with three nutritious meals
- ✚ Transportation in our air conditioned coach
- ✚ Weekly light housekeeping and linen service
- ✚ 24 hour emergency call service
- ✚ 24 hour administration staff
- ✚ Indoor Atrium/Bistro
- ✚ Library
- ✚ Laundry facilities on each wing
- ✚ Activity director with full calendar of activities
- ✚ Computer area (s) with internet
- ✚ Television, fitness and games areas
- ✚ Multi purpose room with full kitchen
- ✚ All utilities (except cable/ phone)
- ✚ Barber/beauty salon
- ✚ Woodworking shop and craft area
- ✚ Courtyard area with garden/flower beds and numerous walking path
- ✚ Smoke room

What about the suites?

Your spacious suite includes individual controlled heating and air conditioning. Relaxing in the comfort of your new home will be made easy with such amenities as cupboards/counter space, kitchenette which includes fridge, microwave and sink. Spacious ensuite bathrooms are equipped with a walk in shower, raised toilet and emergency call bell system for your convenience. Suites vary from studio, one and two bedrooms ranging from 395ft -1147ft. Our end suites (12), facing the West Stettler Lake recreation area, have the comfort of electric fireplaces in the living room as well as full kitchens. Thirty one type “A” one bedroom suites are also equipped with a full kitchen to allow for baking/cooking in your spare time. This is an added feature to allow tenants to prepare baking etc in their spare time. All monthly rental fees include **all** meals and snacks each day. There is **no** rental package that gives the option (s) as to which meal the tenant would like to access.

What if my mobility has decreased and I require a walking aide or wheelchair?

Not a problem! Our experienced team of professionals has taken into consideration space required for mobility aides and wheelchairs. Our six foot hallways and large door entries will allow you the space required to make your home as accessible as you require. Common areas are well lit and have large amounts of room. You will be required to move to and from common areas independently.

Can I have family/visitors stay the night?

Certainly!! We invite family and friends to visit on a regular basis. We have conveniently included a private dining room for residents and guests to use. Guests are welcome to use all common areas except the woodworking/craft and fitness room, which are reserved for resident use.

Is staff available to assist me with my personal care?

Our facility stresses independency in all aspects of care. If you require extra attention with your daily needs, you will have to speak to your local homecare nurse or contact a private caregiver for assistance. We have conveniently included central bathing rooms on each floor for those residents whom require assistance. We do have staff present 24 hours a day to respond to emergencies and assist residents in a capacity outside of personal care.

This all sounds to good to be true, are there any hidden fees/costs outside of the monthly rent?

Monthly rental fees include suite rental, utilities, meals/snacks, light housekeeping/linen service, complimentary laundry facilities and access to all common areas. If you or your family/visitors choose to access these services, there will be a *designated fee for the following*:

- Individual garages
- Parking
- Barber/beauty salon
- Meals for visitors
- Adult Day Support Program
- Telephone/cable television
- Pets
- Additional tenants in suites
- Personal laundry service

I was reading the signage in Stettler AB and understand that there will be Casitas developed on the south west corner of West Stettler Lake, what do these entail?

Renaissance Gardens Casitas are one level condominiums ranging from 1100 square feet with an attached garage. Tenants will be responsible for all functions of daily living. Floor and site plans are currently in the design phase.

General Information

Our facilities are currently in the design stages. Amenities mentioned above may change. Renaissance Gardens by Canalta will be constructing facilities in **Stettler** the upcoming years. If you feel that our services would be an asset in your community, please contact:

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